



Harlan Hawk Yearly Digest

John M. Harlan Hawk Band

Member Informational for 2021 – 2022

www.harlanhawkband.org



Pictured: Dr. Andrew Tucker speaking to the band after their performance at the Alamodome for the Bands of America Super Regional

Dear All,

Hello, my name is [Dr. Andrew Tucker](#), but most call me “D.T.” The staff and I are excited to welcome you into the 2021–2022 school year of the Harlan Hawk Band. This will be our 5th year in operation (woah!), and we are excited to continue the growth of our legacy and traditions **with you**. I look forward to meeting each and every one of you in these upcoming months. Below, you will find various information regarding what high school band is all about. Please read through everything carefully – there is a handful of dates and times that you will want to be aware of. Let’s go [Hawks!](#)

High School Band *Audition* Information:

The Wind Instrument Audition process will consist of two 1-octave major scales (two 2-octave major scales for those auditioning for Wind Ensemble) chosen from four scales that will be distributed, a chromatic scale, and a short etude with the option of a more advanced etude (the advanced etude for those who are interested in auditioning for the Wind Ensemble). All of this material is achievable by all members and will be distributed to students after their UIL Concert and Sight Reading performance. If you have any questions, ask your director or a high school director.


Percussion Fall Auditions occur near the end of the spring semester at Harlan High School. The auditions will consist of a demonstration of technical exercises from the 2021-2022 audition packet. This will be an audition for the student's placement in the [Fall Marching Band](#), not for spring concert band placement. It is in the student's best interest to audition on as many percussion instruments as possible. All of this information (audition packet, Zoom session info, etc) will be posted on the harlanhawkband.org website on the "newsletter" section in April. Please email Mr. Partida if you have any questions: steven.partida@nisd.net

Here are some dates to be mindful of for the upcoming fall percussion auditions:

[May Drumline Zoom Audition Camp:](#)

May 6th (Thursday), May 7th (Friday), from 5:00 PM to 6:30 PM.

May 13th (Thursday), May 14th (Friday) from 5:00 PM to 6:30 PM.



Text @69e2k7
to 81010

*Harlan Percussion has its own
Remind – follow it here students!*

Percussion Spring Auditions occur near the end of the Fall Semester. These auditions will be in a Region Band format on the student's All-Region etudes. The audition will consist of a portion of the all-region etude, however the entire etude is to be prepared. The audition music for this will be passed out way ahead of time (early August), with the audition happening in late November. Students will NOT want to wait on learning this music – it will be handed out to everyone during summer band camp.

Colorguard Auditions are held on May 11th (Tuesday) and May 13th (Thursday) from 5:30 pm to 7:30 pm. This organizational unit of the Hawk Band holds these sessions to introduce students to beginning techniques of colorguard and to start teaching them what they need to know in order to be successful. A placement and position will be made for the students by the end of these sessions. More to come on these dates and times.










Communication:

Parents: you are going to want to stay in communication with us in every facet that you can. There will be many rehearsals, sectionals, football games, contests, social events, parties, and other sporadic performance opportunities – all with different dates, times, and requirements from the students. It is imperative that you keep up to date with all of the information that will be thrown at you in these upcoming months for your child's success in this band program. But don't worry – technology can be a beautiful thing, and we have utilized many different resources to help with it all.



HARLAN BAND & COLOR GUARD COMMUNICATION

Below is a list of the various ways to stay connected with the Harlan Band & Color Guard.

 Website	www.harlanhawkband.org This is the primary source of information and updated frequently with important news, dates, reminders.
 Facebook	Harlan Hawk Band Boosters Band/guard pictures, reminders, and ask questions to the band community.
 Twitter	@HarlanHSBand Highlights of the band and guard programs.
 Remind	Flute – @dhaccf Clarinet – @9hdb3d Saxophone – @a768h3 Trumpet – @ce78eb Horn – @k6g63h Trombone – @3c646b Euphonium/Tuba – @72d83g Percussion – @69e2k7 Colorguard – @harlancolo Leadership – @43aaek App or Text instant communication from Band Directors to students. Text 81010 with the above code or download the Remind app and join the class.
 Instagram	Harlanhawkband Band related photos and highlights.
 YouTube	Harlan Hawk Band - Click Subscribe! https://www.youtube.com/c/HarlanHawkBand
 Calendar	harlanbandcalendar@gmail.com Email harlanbandcalendar@gmail.com to request to be added to the Google calendar. The calendar can be added to a phone app, or you can view it on the www.harlanhawkband.org website. This calendar is updated frequently with the many events throughout the year.
 Email Us!	https://www.harlanhawkband.org/booster-board.html Board members and staff emails are located on the website.
 Media	media@harlanhawkband.org Email photos to contribute to the band/guard yearbook/website/social media.



Harlan Hawk Band 2021-2022 Informational

Camps, Socials, Instruments, Uniform and MORE

Pay attention to [who](#), [what](#), [when](#), and [where](#) here. This will allow organization for all of [us](#)!

Summer Private Lessons:

The Harlan Band Staff opens the Band Hall at Harlan High School on Tuesdays throughout the summer for our private lesson staff to continue teaching any students that would like to continue to take lessons over the summer. This is a [strongly encouraged](#) and very beneficial way to further develop a students' musical skills. We cannot stress the importance of continued one-on-one private instruction enough – this is the best way to invest in your child's musical education!

Band Hall Practice Times

Because the band hall will be open for private instruction, that means that on the days they are open you can come and get some practice and critique time throughout the summer (timeline of the day to be determined). We encourage all sections to get together and run a sectional with their section leaders and captains. We are also available to be of help during this time, so come get some free help on anything you might need with your musical preparation!

Percussion / Colorguard Camps:

There will be a **Percussion** camp in June and July, and a **Colorguard** Camp in July only - it is *vital* that all members of these respective ensembles are in attendance at these two camps for the upcoming marching band season. Many techniques and fundamentals will be addressed here, and if your child misses this information, he/she will be severely behind. See the summer **calendar below** for information on these times and dates. Plan ahead NOW!



Band Registration/ Uniform Fitting/ Supply Day:

This is very important day for every band member - **Saturday, July 31st**. Please make every effort to be in attendance on this day, with the timeline outlined below. We will have all of your registration needs and questions answered on this day – so PLEASE be there during your designated time slot. Here is the schedule for the day:

Seniors: 9:00 AM to 10:30 AM

Juniors: 10:30 AM to 12:00 PM

Sophomores: 12:00 PM to 2:00 PM

Freshmen: 2:00 PM to 6:00 PM

Physicals: (date for summer band tbd)

Per a new requirement by the University Interscholastic League (UIL), the students in the band program will now be required to have physical examinations in order to participate in the marching aspect of the season. Do not worry - we will be coordinating this with the athletic department to make this a reasonably affordable cost and hopefully easily accessible with our local doctors and training staff. More information is to come with this process in the later spring months, so please be patient with us as we implement this new directive. **All incoming freshmen, new members, and possibly juniors should be the ones getting physicals. IF you got one last year, it is good for 2 years. Any questions email DT.**

Summer *Band Camp*:

Important, please read!

The Summer Band Camp is a very vital part to any successful and *fun* high school band experience. The students are taught the necessary marching and music fundamentals needed to perform in an athletic and musical activity of pageantry for both football games and marching band competitions. Attendance to band camp does figure into placement of marching spots and performance roles in the competition show, so you will want to make every effort for students to be there for rehearsals every single day. The days and times will be outlined in the “**Summer Calendar 2021**” below, so please review that information and email with questions or concerns. Please note that all band camp rehearsals are mandatory and involve every member who is participating in the band program. Initial competition show performance positions will be based *largely* on attendance at these rehearsals. If you are going to need to miss any of these rehearsals, please notify Dr. Tucker well in advance.

Summer *Band Socials*

At the conclusion of certain full weeks of summer band camp, the Hawk Band holds social events that allow for students to get to know even more of their fellow band members. These events include trips like going to the skating rink, hanging out at The Main Event, a pool party at a local community center, and more! Such events are not required, but are *highly* encouraged activities for everyone to get to know each other. Students have very much enjoyed them as a break from the rigorous rehearsal schedule and use this time to cultivate friendships that will last the rest of their high school career and beyond. Please come out and join us for these fun-filled activities!



Jazz Band

The Harlan Jazz Band is offered as a class and as an extracurricular ensemble during the school day. This group starts rehearsing during band camp with two rehearsals a week. Stay tuned for the Band Camp Schedule to be released later this spring. If you are even remotely interested in jazz band come and check it out – it is always a good time making fun, stylistic music with friends.

Band *Booster Organization*

The Harlan Hawk Band Boosters welcomes you and your student to the Hawk Band! The Band Boosters, made up entirely of volunteers, play an incredibly important role in the [Hawk Band](#). The Band Boosters support the needs of the Students, Directors, and Faculty here at Harlan.

It takes a lot of work to plan, organize, feed, and move a 200+ member marching band to the football games, parades, competitions and other events. The Band Boosters raise money to support the band's needs and we cannot do this without [your help](#).

Parents are encouraged to help make our band a success. There are plenty of opportunities to volunteer and help throughout the year. The band needs help with uniforms, roadies, meals, concessions, chaperones, driving the 18-wheeler, donations and more. Whether you can work a full concession shift, chaperone a game, feed the band students before games, or help to load/unload the 18-wheeler at the school before and after games - your time supporting the band is greatly appreciated. If you are a craftsman and can help build our props or can make Sashes for Seniors, we also welcome your help!

The Band Boosters depend on funds raised to support the band. Band dues, sponsors, donations, spirits item sales, and concessions along with other fundraisers are used to support the band. Your prompt payment of band dues is critical to making the band a success. Ensuring we have enough volunteers to man the concessions is important to avoid being fined and maximizes the money the band receives from concession sales. Other donations will be asked for throughout the year such as bottled water, sodas, snacks, pencils, cleaning supplies, etc. If you know a company that would like to become a band sponsor please let us know.



A board of directors oversees the Band Boosters. You are encouraged to come to all of the band booster / parent meetings to learn how you can help and to get important information throughout the year. You are also asked to provide an email that you read daily so that you do not miss any information that is sent by the Band Directors or the Boosters.

What is the reward for all of the support the band boosters provide? The future success of our students, the accomplishments they get as a band as well as individuals, and the experience they get to enjoy throughout the entire process. But mostly, the thanks from your child....for you the PARENT being there FOR them as much as possible.

The Harlan Hawk Band Boosters invites you to view our website at <https://www.harlanhawkband.org>. We look forward to meeting you and your child and are excited to welcome you to the Hawk Band Family! Join us as we continue to make [Hawk History](#)!

Community of the Harlan Hawk Band:

Our staff prides itself in working with our other campuses and [Northside Independent School District](#) sports and activities to allow students to be involved in as many activities as possible. A busy child is a well-rounded child, and thus, a successful child. We have worked with football, swimming, basketball, tennis, soccer, wrestling, dance team, orchestra, choir and many others in order for your child to get the full Harlan High School experience that they desire. If you are interested in doing [band](#) and have other activities you are interested in as well, come talk to us - we would like the opportunity to help you in making it all work. **It is possible**, it just takes communication from everyone involved.

There are many high school graduation plans, endorsements, and academic programs such as "On Ramps" (Dual Credit Courses), Advance Placement Courses (AP), and Pre-AP academic distinctions that you can choose from. With the proper maneuvering, time management, scheduling, and of course [hard work](#), students have been successful in not only achieving great success in the high school band, but also enjoying their experience and becoming a well-rounded academic student in the process.

The [Harlan Hawk Band](#) has served the students in the community at Harlan by providing a positively enriching life experience through music. We focus on the development of the student through their musicianship while teaching strong life lessons in time management, working with others, discipline, hard work, leadership and much more - all through the life changing musical performances and experiences associated with the band program. These performances over the past handful of years have included performances at Disney World, the Alamodome, Battle of the Bands, Fiesta Parade, and more. We look forward to growing this program and providing many more exciting opportunities for everyone involved. [Let's Go Hawks!](#)

Harlan Hawk Band *Summer Calendar 2021*

Below, you will find our running calendar for the beginning of next year's Harlan Hawk Band activities. This is our attempt to get you seeing dates/times "ahead of the game," so that you can start planning doctors appointments, family gatherings, and more around this crazy busy schedule. Although this calendar is as accurate as it can be at this time, **the most trustworthy calendar will always be the calendar that is located digitally on our website.** You can find that calendar following this link, here: <https://www.harlanhawkband.org/band-calendar.html>

JUNE 2021					
Date(s)	Day	Time	Event	Location	Group
14-18	M - F	8am-5pm	Percussion June Camp	Harlan	Percs

JULY 2021					
Date(s)	Day	Time	Event	Location	Group
19-22	M - Th	5pm-8pm	Leadership Camp Days	Harlan	Leaders
19-23	M - F	8am-5pm	Percussion Camp	Harlan	Perc
19-23	M - F	8am-5pm	Colorguard Camp	Harlan	Guard

BAND CAMP 2021					
Date(s)	Day	Time	Event	Location	Group
July 26 - 30	M - F	7am-5pm	Band Camp Week One: Traditions	Harlan	ALL
July 31	Saturday	9am-5pm	<u>Band Registration Day</u> <ul style="list-style-type: none"> • 9am - Seniors • 10am - Juniors • 12pm - Sophomores • 2pm - Freshmen 	Harlan	ALL
August 2-6	M - F	7am-5pm	Band Camp Week Two	Harlan	ALL
August 6	Friday	TBD	Band Social	TBD	Optional
August 9-13	M - F	7am-5pm**	Band Camp Week Three **Tuesday, April 11 th and Wednesday, April 12 th : rehearsal from 5pm-8pm instead.	Harlan	ALL
August 10	Tues.	HAWK DAY	Seniors: 8:30am - 11:30am / REHEARSAL from 5pm-8pm Freshmen: 1:00 - 4:00pm / REHEARSAL from 5pm-8pm	Harlan	ALL
August 11	Wed.	HAWK DAY	Juniors: 8:30am - 11:30am / REHEARSAL from 5pm-8pm Sophomores: 1:00 - 4:00pm / REHEARSAL from 5pm-8pm	Harlan	ALL
August 12	Thurs.	7am-5pm (normal)	HAWK CAMP: Freshmen students will start morning rehearsal with us, and then perform and attend Hawk Camp until noon on this day. Sophomore Camp is from 1:30-4pm.	Harlan	ALL
August 13	Friday	TBD	Band Social	TBD	Optional
August 16-18	M - W	5pm to 9:00 pm	Band Camp Week Four: "Teacher Inservice Week"	Harlan	ALL
August 19	Thursday	5pm to 7pm	Harlan Band Blowout	Harlan	ALL
August 23	Monday	8:50am	FIRST DAY OF SCHOOL		

Marching Band Rehearsal Schedule: Before the start of school calendar – let's talk about what to expect during the school year. Mondays, Tuesdays, and Thursdays from 5:00 – 7:30pm. Every week of school. On Thursday football games, we won't have rehearsal and go to the game that evening instead.

Harlan Hawk Band *Football/Contest* Calendar 2021

Week	Event	Opponent or Contest	Day	Date	Location	Home or Away
1	Football Game	Holmes	Thursday	August 26 th	Gustafson Stadium	Home
2	Football Game	Laredo United	Friday	September 3rd	Bill Johnson Student Activity Center	Away
3	Football Game	Brennan	Saturday	September 11th	Farris Stadium	Home
4	Football Game	Stevens	Friday	September 17th	Gustafson	Away
5	Football Game	Taft	Thursday	September 23rd	Farris Stadium	Home
	Contest	Fredericksburg	Saturday	September 25th	TBD	All Day Event
6	Football Game	O'Conner	Friday	October 1st	Farris Stadium	Away
	Contest	COMPETITION	Saturday	October 2 nd	Rutledge	All Day Event
	Pep Rally	Homecoming	Wednesday	October 6 th	Harlan	TBD
7	Football Game	John Jay	Friday	October 8th	Gustafson Stadium	Home
	Contest	COMPETITION	Saturday	October 9 th	Heroes	All Day Event
8	Football Game	Holmes	Friday	October 15 th	Gustafson Stadium	Away
	Contest	UIL Region 29	Saturday	October 16 th	Farris	All Day Event
9	Football Game	Marshall (Middle School Night!)	Saturday	October 23rd	Farris Stadium	Home
	Contest	Area	Saturday	October 23 rd	TBD	All Day Event
10			____BYE WEEK____			
11	Football Game	Warren	Friday	November 5 th	Gustafson	Away

Message from a graduating Senior

by Ms. Camille Johnson, Spring 2020

Being someone who moved often in my childhood, I was inherently always the quiet and new kid. I generally stuck to myself and when it came to performing in any way whatsoever I shied away from it. When I made the long move from a small town in Georgia to Texas, a state where band students live and breathe marching band, I was a little bit afraid at first, but decided to take the risk. However, once I got to Harlan, I had no chance to let that feeling of uncertainty settle in. Immediately I was tucked into a flute spot on the field in a marching show about Neverland. I was completely thrown out of my comfort zone. Marching, and I mean *a lot* of marching, and actively learning and playing my instrument was something that I didn't really do before. But man, that year, my freshman year, something clicked for me. I realized how much I could benefit from band, and not only that, but how much I liked being a part of such a large community of people, working together and having fun.

Playing my instrument on fall nights was something I always looked forward to. Even when I was no longer playing my flute, conducting at games was something that I was always excited about. Cheering, dancing, hearing the opposing marching bands (whoever it may be), and just being able to be a special part of our school spirit is so special. Such a special part of marching band was that I had friends and band directors who genuinely cared about me as a person. Marching on that field is a team effort and you have to support your team members in order for the team to succeed. This simple fact made me feel like I was important and helped my self-confidence in the sense that people actually needed me to help them as much as I needed them in return.

Marching band has 100% changed my life for the better. From being a quiet freshman, to being head drum major at Harlan, I was taught how to be responsible, hold myself accountable, and to work hard, all while having the time of my life. Marching band is truly a huge family and I am so glad that I am a part of that family now. I would suggest to anyone having any doubts about doing something out of their comfort zone to just go for it, because in the long run you will change and be able to experience something you have never experienced before! Joining marching band has been my risk and it has turned out to be one of the best decisions I have ever made in my entire life.





NOTE-ABLE

Harlan Fine Arts Students & Families

ARE ORLANDO BOUND!

JANUARY 14-18, 2022



4 Nights at All Star Movies Resort
Air Ticket To/From Orlando
Coach Transfers in Orlando
Dining Cards for Meals
(per itinerary)



3-Day Disney Park Hopper
1-Day Park to Park Universal
Shopping at Disney Springs
Magic Kingdom
Epcot
Animal Kingdom
Hollywood Studios



Band Parade Performance
Disney Workshop(s) for
Choir/Orchestra/Theater
Students

Register For This Exciting Harlan Fine Arts Family Trip At

WWW.NOTE-ABLETRAVEL.COM/MYTRIP

TRIP ID: 0114HARL



NOTE-ABLE

Harlan HS Fine Arts

Band ~ Choir ~ Orchestra ~ Theater

Orlando – 5 days / 4 nights

Friday, January 14 – Tuesday, January 18, 2022




Estimating 225-244 Participants: xx Students xx Chaperones, and 9 FOC Staff
as of 4/19/2021

Program Notes:

- Harlan HS Fine Arts is responsible for transporting Instruments to/from Orlando and Harlan HS. If able Harlan HS should consider transporting participant's luggage as well.
- All Disney Tickets are Three (3) Day DPA Park Hopper Tickets.
- Approximately 150 participants will receive a Park Hopper *Performance* Ticket
- Approximately 075 participants will receive a Park Hopper *Workshop* Ticket.
- Adult participants (staff & chaperone) will receive a DPA Park Hopper Performance Ticket even if they are accompanying students participating in a Disney Workshop.
- Performance date/time and location to be confirmed by Disney
- Workshop(s) date/time and location to be confirmed by Disney
- Minimum of 20 student participants required for each Disney Workshop
- Coach transfers (3) to/from workshop and hotel (or Park) is included if needed

Friday, January 14, 2022

0:00AM	Early AM Flight(s) SAT (or AUS) – MCO – <i>flight info tbd</i>	included
	in flight airfare arranged by Note-Able Travel (budgeted \$500.00/ticket)	included
0:00AM	Arrival Orlando (MCO)	
	Meet Receptive Tours' Coordinator in baggage claim	included
	Board coaches (4), transfer to Disney Park tbd (coaches released upon drop at park – all personal items removed from coach)	included
	Three (3) Day (DPA) Disney Park Hopper – Day 1 of 3	included
	w/ Educational Workshop (Choir/Orchestra/Theater) / Performance (Band)	
	<ul style="list-style-type: none"> • Magic Kingdom • Epcot • Animal Kingdom • Hollywood Studios 	
	Rides, Shows & Attractions	
	Disney Dining or Gift Card or similar (\$35 value) for Lunch & Dinner	included
	Disney Resort Shuttle from Disney Park to hotel with chaperones	
9:00PM+	Check-in: Disney's All Star Movies Resort or similar (4 nights)	included
	Hotel overnight 1/4	

continued

Saturday, January 15

	Disney Dining or Gift Card or similar (\$15 value) for Breakfast at hotel	included
8:00AM	Board coaches (4) at hotel, transfer to Universal Orlando <i>(coaches released upon drop at Universal – all personal items removed from coach)</i>	included
	One (1) Day Park-to Park Universal Orlando ticket	included
	<ul style="list-style-type: none">• Universal Studios• Islands of Adventure	
	Rides, Shows & Attractions	
	Universal Gift Card or similar (\$35 value) for Lunch & Dinner	included
9:30PM	Board coaches (4) at Universal Orlando, transfer to Disney's All-Star Movies	included
	Hotel overnight 2/4	


Sunday, January 16

	Disney Dining or Gift Card or similar (\$50 value) for Breakfast/Lunch/Dinner	included
	Disney Resort Shuttle from Hotel to Disney Park with chaperones	
	DPA Park Hopper Disney Ticket – Day 2 of 3	
	<ul style="list-style-type: none">• Magic Kingdom• Epcot• Animal Kingdom• Hollywood Studios	
	Disney Resort Shuttle from Disney Park to hotel with chaperones	
	Hotel overnight 3/4	

Monday, January 17 (MLK Day)

	Disney Dining or Gift Card or similar (\$50 value) for Breakfast/Lunch/Dinner	included
	Disney Resort Shuttle from Hotel to Disney Park with chaperones	
	DPA Park Hopper Disney Ticket – Day 3 of 3	
	<ul style="list-style-type: none">• Magic Kingdom• Epcot• Animal Kingdom• Hollywood Studios	
	Disney Resort Shuttle from Disney Park to hotel with chaperones	
	Hotel overnight 4/4	

Tuesday, January 18

	Disney Dining or Gift Card or similar (\$35 value) for Breakfast & Lunch	included
10:00AM	Hotel check-out, baggage can be stored at hotel until transfer time Disney Shuttle from hotel to Disney Springs with chaperones Free Time at Disney Springs	
0:00PM	Disney Resort Shuttle from Disney Springs to hotel with chaperones <i>Please return to All-Star Movies Resort 30 min before assigned airport transfer time</i>	
0:00PM	Board coaches at hotel (4), transfer to MCO for homebound flights	included
0:00PM	PM Flight(s) MCO – SAT (or AUS) (multiple flights) – <i>flight info tbd</i>	included
	Dinner paid on own at airport ***in flight*** airfare arranged by Note-Able Travel Arrival San Antonio (SAT) or Austin (AUS) (multiple flights)	

Prepared for Harlan HS Band, Choir, Orchestra, Theater by Note-Able Travel Experiences
Operated in Orlando by Receptive Tours Group
Sequence of Activities Subject to Change

*****Performance Day Schedule (date/time/location pending Disney confirmation) *****

0:00A/PM	Harlan Band/Staff reports to Frontier Land Parade Gate (usually) to be Escorted to the Magic Kingdom "Park 3" service area to get Uniforms and Instruments from truck
0:00A/PM	Harlan Band Truck to bring Instruments and Uniforms to Disney Performing Arts in the Magic Kingdom "Park 3" service area
0:00A/PM	Pre-Parade TBD After Parade, return Instruments & Uniforms to truck, remainder of the day at Magic Kingdom

Fee-Based Inclusions Chart and Pricing on the following page...

Point x Point Fee Based Inclusions Chart
Friday, January 14, 2022
On-Site Ground Management for duration
Coach Transfers (4): Orlando Airport (MCO) to Disney Park tbd
3-Day (DPA) Disney Park Hopper - Workshop (Choir/Orchestra/Theater) / Performance (Band) - 1 of 3
Disney Dining or Gift Card or similar (\$35 value) for Lunch & Dinner at Park
All Star Movies Resort or similar - 4 Nights
Saturday, January 15
Disney Dining or Gift Card or similar (\$15 value) for Breakfast
Coach Transfers (4): Hotel - Universal Orlando - Hotel
One (1) Day Park-to-Park Universal Orlando Ticket
Universal Gift Card or similar (\$35 value) for Lunch & Dinner
Sunday, January 16
Disney Dining or Gift Card or similar (\$50 value) for Breakfast/Lunch/Dinner
(DPA) Disney Park Hopper Ticket - 2 of 3
Monday, January 17 (MLK)
Disney Dining or Gift Card or similar (\$50 value) for Breakfast/Lunch/Dinner
(DPA) Disney Park Hopper Ticket - 3 of 3
Tuesday, January 18
Disney Dining or Gift Card or similar (\$35 value) for Breakfast & Lunch
Coach Transfers (4): Hotel to Orlando Airport (MCO)
Coaches (3) for roundtrip transfers to and from workshop - if needed

Land & Air quotes – using 4-61 pax coaches for airport transfers (max 244 seats)

As of 4/19/2021, **based on 225-235 paid participants**, the per person rates below include all items on the above itinerary noted as “**included**” and listed on the Point x Point Fee Based Inclusions Chart, AND also includes **nine (9) FOC Harlan Staff packages (including Air)** using a total of 5 rooms (4 rooms with 2 Queen beds & 1 room with one Queen bed):

of paid participants **225-235**

Quad \$1619.00

4 Guests in a room with two Queen beds – (1 typical Queen & 1 Murphy Queen – same mattresses)

Triple \$1659.00

3 Guests in a room with two Queen beds – (1 typical Queen & 1 Murphy Queen – same mattresses)

Double Q \$1729.00

2 Guests in a room with two Queen beds – (1 typical Queen & 1 Murphy Queen – same mattresses)

Single \$1949.00

1 Guest in a room with one Queen bed

Costing Notes:

- Round-Trip Air included: SAT (or AUS) - MCO-SAT (or AUS) is budgeted at \$500.00 per ticket

*Air seats are usually confirmed 6-10 months prior depending on airline

- A streamlined, easy to navigate, online enrollment / payment portal will be established for Harlan HS Band, Choir, Orchestra, Theater. In an effort to be cost sensitive, participants will have the option to either pay by credit card (cc fees range from 2.90%-3.90%) or by e-check (no fee).

Point x Point Summary of what's included in the above costing on the following page...

Point x Point Summary of what's included in the costing

Round Trip Airfare (budgeted @ \$500.00/ticket)

- **SAT (AUS)-MCO-SAT (AUS) / Airline(s) tbd** – estimated 50-60 pax per flight (multiple flights)
*Seats are usually confirmed 6-10 months prior depending on airline

Disney Resort Accommodations – 4 Nights (including applicable taxes)

- **Disney's All-Star Movies Resort** or similar (includes Disney Shuttle to/from Disney Parks & Hotel)

Local Orlando Charter Coach Transportation

- **Private Charter Coach Transfers (4-61 pax)** per itinerary

Disney World & Universal Orlando Admission Tickets

- **Three (3) Day (DPA) Disney Park Hopper Performance Tickets (150)** for Band
- **Three (3) Day (DPA) Disney Park Hopper Workshop Tickets (75)** for Choir/Orchestra/Theater
- **One (1) Day Park-to-Park Universal Orlando Ticket**

Thirteen (13) Meals

- **Three (3) Disney Dining or Gift Cards or similar (\$50 value each)** for Breakfast/Lunch/Dinner (9 Meals)
- **One (1) Disney Dining or Gift Card or similar (\$35 value each)** for Lunch & Dinner (2 Meals)
- **One (1) Disney Dining or Gift Card or similar (\$35 value each)** for Breakfast & Lunch (2 Meals)

Nine (9) Free of Charge ("FOC") Packages for Harlan HS Staff (Band, Choir, Orchestra, Theater)

- **Nine (9) FOC packages including Air for Harlan HS Staff** (using a total of 5 rooms: 4 rooms with two Queen beds and 1 room with one Queen bed)

Other

- **Online Payment Portal:** Participants can enroll and pay either by using a credit card (cc fees range from 2.90%-3.90%) or by e-check with no fee
- **Professional Liability Insurance Coverage \$5 Million** (5x Industry Standard)

What's not included in the cost

- **Trip Protection / Cancellation Insurance**
*We offer RoamRight Pro Plus Plan underwritten by Arch Insurance Company – overview on following page
- **Instrument Transportation to/from Orlando and Texas**
- **Coach Transfers in Texas**



RoamRight

Pro Plus Plan Overview



Arch RoamRight's Pro Plus plan is a competitive travel protection and insurance product that includes a shorter look back period for Pre-Existing conditions¹, no time requirements for cancellation or interruption due to weather, and one child (under 18) included with each insured adult on the plan.

Coverage Benefits and Limits

Trip Cancellation

Up to 100% of Trip Cost²

Cancel For Work Reasons

Up to 100% of Trip Cost²

Trip Interruption

Up to 150% of Trip Cost²

Trip Delay

\$1,000 (\$200/day), after a 6+ hour delay

Missed Connection

\$500, after a 3+ hour delay

Baggage Delay

\$300, after a 12+ hour delay

Baggage/Personal Effects

\$1,000 (\$250 per article, Combined limit of \$500 for valuables)

Emergency Accident and Sickness Medical Expense

\$50,000, \$750 for Dental, No Deductible

Primary or Excess Medical

Primary

Emergency Evacuation and Repatriation

\$500,000, Evacuation to Hospital of Choice

Political and Security Evacuation

\$100,000

Accidental Death and Dismemberment

\$10,000

Non Insurance Travel Protection Features

Emergency Travel Assistance Services³

Included

This provides a broad overview of your policy provisions and does not revise or amend the policy. Insurance coverages are underwritten by Arch Insurance Company, NAIC #11150, under policy series LTP 2013 and amendments thereto. Plans are offered and disseminated by registered travel retailers on behalf of Arch Insurance Solutions Inc., a licensed travel insurance producer* (CA License #018111, TX License #1787195). Both the travel insurance producer and the underwriter referenced above may be reached at 1-844-872-4163. Your policy is the contract that specifically and fully describes your coverage. Certain terms, conditions, restrictions and exclusions apply and coverages may vary in certain states. Please refer to your policy for detailed terms and conditions. Consumer Disclosures can be found at: <https://partner.roamright.com/disclosures> *Plans are solicited by licensed producers in NY and HI.

Provisions

Waiver of Pre-Existing Medical Conditions Exclusion¹

When plan is purchased within 21 days of the first trip payment, trip cancellation/trip interruption benefits may cover pre-existing conditions.¹ This applies to medical conditions affecting the insured, their traveling companion (insured or uninsured), or either of their family members (spouse, parent, child, domestic partner, or other family relations, insured or uninsured). You must insure the entire non-refundable cost of your trip, are not disabled from travel at the time Your premium is paid, and this is your first and only booking for this same time period and destination.

One Child (Under 18) Included

One child (under 18) included with each insured adult on the plan. Upgrades are charged per person, regardless of age.

14-Day Money-back Guarantee

All Arch RoamRight plans come with a 14-day money-back guarantee, where you can cancel your coverage in writing within 14 days of purchase or prior to your scheduled departure date, whichever comes sooner, provided you have not already filed a claim under the plan. Indiana residents have up to 30 days.

Cancel for Work Reasons

Cancel for Work Reasons is automatically included when purchased within 21 days of making the initial trip deposit. This benefit covers up to 100% of non-refundable trip costs.

www.roamright.com

866-891-6614

¹Pre-Existing Condition means any Injury, Sickness or condition of You, a Traveling Companion or Your and/or Your Traveling Companion's Family Member for which medical advice, diagnosis, care or treatment was recommended or received within the 60 day period ending on the Effective Date. Sicknesses or conditions are not considered pre-existing if the Sickness or condition for which prescribed drugs or medicine is taken remains controlled without any change in the required prescription. Please refer to the policy for full details, definitions and exclusions.

²\$250,000 total aggregate limit on trip cost.

³Provided by designated assistance provider identified in your policy.

UIL PHYSICALS

FOR NISD BAND, SPIRIT AND ROTC STUDENTS



SATURDAY, JUNE 5 & 12, 2021

9 a.m. - 2 p.m.

NISD John Paul Stevens High School
600 N. Ellison Drive

To protect against the spread of COVID-19, we will be taking precautions such as screening all patients prior to their appointment and requiring all visitors to wear a mask.

Registration required • Cost \$25 (credit card only)

Please bring the following if applicable:

• Eye glasses • Medication information • Special clearance forms

REGISTER AT
HEALTHYUEXPRESS.COM

OR 210-358-7020

 **University
Health**
Thinking beyond

2021-2022 Northside ISD Medical History – BAND

X Student ID # _____

This form must be on file prior to participation in any practice or performance before, during or after school.

Student Name LAST _____ Student Name FIRST _____ Grade 20-21 school year _____ Date of Birth _____
 Student Address (Street, City, Zip Code) _____ Student Phone _____ Age _____ Sex _____
 In case of Emergency contact: _____

Name _____ Relationship _____ Phone _____ Cell Phone _____

This MEDICAL HISTORY FORM must be completed **annually** by parent (or guardian) and student in order for the student to participate in activities. These questions are designed to determine if the student has developed any condition which would make it hazardous to participate.

Explain "Yes" answers in the box below**
Circle questions to which you do not know the answer

		Yes	No			Yes	No	
1	Have you had a medical illness or injury since your last check up or sports physical?	<input type="checkbox"/>	<input type="checkbox"/>	13	Have you ever gotten unexpectedly short of breath with exercise? Do you have Asthma?	<input type="checkbox"/>	<input type="checkbox"/>	
2	Have you been hospitalized overnight in the past year?	<input type="checkbox"/>	<input type="checkbox"/>		* If yes, complete both sides of the Asthma Action Form			
	Have you ever had surgery?	<input type="checkbox"/>	<input type="checkbox"/>		Do you have an inhaler?	<input type="checkbox"/>	<input type="checkbox"/>	
3	Have you ever had prior testing for the heart ordered by a physician?	<input type="checkbox"/>	<input type="checkbox"/>		Do you have seasonal allergies that require medical treatment?	<input type="checkbox"/>	<input type="checkbox"/>	
	Have you ever passed out during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>	14	Do you use any special protective or corrective equipment or devices that aren't usually used for your sport or position (for example, knee brace, special neck roll, foot orthotics, retainer on your teeth, hearing aid)?	<input type="checkbox"/>	<input type="checkbox"/>	
	Have you ever had chest pain during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>		Have you ever had a sprain, strain, or swelling after injury?	<input type="checkbox"/>	<input type="checkbox"/>	
	Do you get tired more quickly than your friends do during exercise?	<input type="checkbox"/>	<input type="checkbox"/>	15	Have you broken or fractured any bones or dislocated any joints?	<input type="checkbox"/>	<input type="checkbox"/>	
	Have you ever had racing of your heart or skipped heartbeats?	<input type="checkbox"/>	<input type="checkbox"/>		Have you had any other problems with pain or swelling in muscles, tendons, bones, or joints?	<input type="checkbox"/>	<input type="checkbox"/>	
	Have you had high blood pressure or high cholesterol?	<input type="checkbox"/>	<input type="checkbox"/>		If yes, check appropriate box and explain below.			
	Have you ever been told you have a heart murmur?	<input type="checkbox"/>	<input type="checkbox"/>					
	Has any family member or relative died of heart problems or of sudden unexpected death before age 50?	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/> Neck <input type="checkbox"/> Forearm <input type="checkbox"/> Thigh			
	Has any family member been diagnosed with enlarged heart, (dilated cardiomyopathy), hypertrophic cardiomyopathy, long QT syndrome or other ion channelopathy (Brugada syndrome, etc), Marfan's syndrome, or abnormal heart rhythm)?	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/> Back <input type="checkbox"/> Wrist <input type="checkbox"/> Knee			
	Have you had a severe viral infection (for example, myocarditis or mononucleosis) within the last month?	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/> Chest <input type="checkbox"/> Hand <input type="checkbox"/> Shin/Calf			
	Has a physician ever denied or restricted your participation in sports for any heart problems?	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/> Shoulder <input type="checkbox"/> Finger <input type="checkbox"/> Ankle			
	Have you ever had a head injury or concussion?	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/> Upper Arm <input type="checkbox"/> Foot			
	Have you ever been knocked out, become unconscious, or lost your memory?	<input type="checkbox"/>	<input type="checkbox"/>	16	Do you want to weigh more or less than you do now?	<input type="checkbox"/>	<input type="checkbox"/>	
	If yes, how many times?				Do you lose weight regularly to meet weight requirements for your sport?	<input type="checkbox"/>	<input type="checkbox"/>	
	When was the last concussion?	<input type="checkbox"/>	<input type="checkbox"/>	17	Do you feel stressed out?	<input type="checkbox"/>	<input type="checkbox"/>	
	How severe was each one? (Explain below)				18	Have you ever been diagnosed with or treated for sickle cell trait or sickle cell diseases?	<input type="checkbox"/>	<input type="checkbox"/>
	Have you ever had a seizure?	<input type="checkbox"/>	<input type="checkbox"/>			Females only		
	Do you have frequent or severe headaches?	<input type="checkbox"/>	<input type="checkbox"/>	19	When was your first menstrual period?	_____		
	Have you ever had numbness or tingling in your arms, hands, legs, or feet?	<input type="checkbox"/>	<input type="checkbox"/>		When was your most recent menstrual period?	_____		
	Have you ever had a stinger, burner, or pinched nerve?	<input type="checkbox"/>	<input type="checkbox"/>		How much time do you usually have from the start of one period to the start of another?	_____		
5	Are you missing any paired organs?	<input type="checkbox"/>	<input type="checkbox"/>		How many periods have you had in the last year?	_____		
6	Are you under a doctor's care?	<input type="checkbox"/>	<input type="checkbox"/>		What was the longest time between periods in the last year?	_____		
7	Are you currently taking any prescription or non-prescription (over-the-counter) medication or pills or using an inhaler?	<input type="checkbox"/>	<input type="checkbox"/>					
8	Do you have any allergies (for example, to pollen, medicine, food, or stinging insects)?	<input type="checkbox"/>	<input type="checkbox"/>					
9	Have you ever been dizzy during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>					
10	Do you have any current skin problems (for example, itching, rashes, acne, warts, fungus, or blisters)?	<input type="checkbox"/>	<input type="checkbox"/>					
11	Have you ever become ill from exercising in the heat?	<input type="checkbox"/>	<input type="checkbox"/>					
12	Have you had any problems with your eyes or vision?	<input type="checkbox"/>	<input type="checkbox"/>					

An individual answering in the affirmative to any question relating to a possible cardiovascular health issue (questions three above), as identified on the form, should be restricted from further participation until the individual is examined and cleared by a physician, physician assistant, chiropractor, or nurse practitioner.
****EXPLAIN 'YES' ANSWERS IN THE BOX BELOW (Attach additional sheet if necessary)**

Neither the University Interscholastic League nor the high school assumes any responsibility in case an accident occurs. If, in the judgment of any representative of the school, the above student should need immediate care and treatment as a result of any injury or sickness, I do hereby request, authorize, and consent to such care and treatment as may be given said student by any physician, athletic trainer, nurse, or school representative. I do hereby agree to indemnify and save harmless the school and any school or hospital representative from any claim by any person on account of such care and treatment of said student. If, between this date and the beginning of competition, any illness or injury should occur that may limit this student's participation, I agree to notify the school authorities of such illness or injury.

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct. Failure to provide truthful responses could subject the student in question to penalties determined by the UIL.

X Student Signature: _____ **X** Parent/Guardian Signature: _____ Date: _____

Any yes answer to questions, 1, 2, 3, 4, 5 or 6, may require further medical evaluation, which may include a physical exam. The written clearance from a Physician, Physician Assistant, Chiropractor, or Nurse Practitioner is required before any participation in UIL events.

PRE-PARTICIPATION PHYSICAL EVALUATION -- PHYSICAL EXAMINATION - BAND

Student's Name _____ Sex _____ Age _____ Date of Birth _____

Height _____ Weight _____ % Body fat (optional) _____ Pulse _____ BP _____ / _____ (_____ / _____, _____ / _____)

Brachial blood pressure while sitting

Vision R 20/ _____ L 20/ _____

Corrected: ☐ Y ☐ N

Pupils: ☐ Equal

☐ Unequal

As a minimum requirement, this **Physical Examination Form** must be completed prior to junior high participation and again, prior to first and third years of high school participation. It **must** be completed if there are yes answers to specific questions on the student's MEDICAL HISTORY FORM on the reverse side. ***Local district policy may require an annual physical exam.**

	NORMAL	ABNORMAL FINDINGS	INITIALS*
MEDICAL			
Appearances			
Eyes/Ears/Nose/Throat			
Lymph Nodes			
Heart-Auscultation of the heart in the supine position			
Heart-Auscultation of the heart in the standing position			
Heart-Lower extremity pulses			
Pulses			
Lungs			
Abdomen			
Genitalia (Males only)			
Skin			
Marfan's stigmata (arachnodactyly, pectus excavatum, joint hypermobility, scoliosis)			
MUSCULOSKELETAL			
Neck			
Back			
Shoulder/Arm			
Elbow/Hand			
Hip/Thigh			
Knee			
Leg/Ankle			
Foot			

*station-based examination only

☐ Cleared

☐ Cleared after completing evaluation/rehabilitation for: _____

☐ Not cleared for: _____ Reason: _____

Recommendations: _____

The following information must be filled in and signed by either a Physician, a Physician Assistant licensed by a State Board of Physician Assistant Examiners, a Registered Nurse recognized as an Advanced Practice Nurse by the Board of Nurse Examiners, or a Doctor of Chiropractic. Examination forms signed by any other health care practitioner will not be accepted.

Name (print/type) _____ Date of Examination: _____

Address: _____

Phone Number: _____

Signature: _____

THIS FORM MUST BE ON FILE PRIOR TO PARTICIPATION IN ANY PRACTICE OR PERFORMANCE BEFORE, DURING OR AFTER SCHOOL.

March 19, 2021